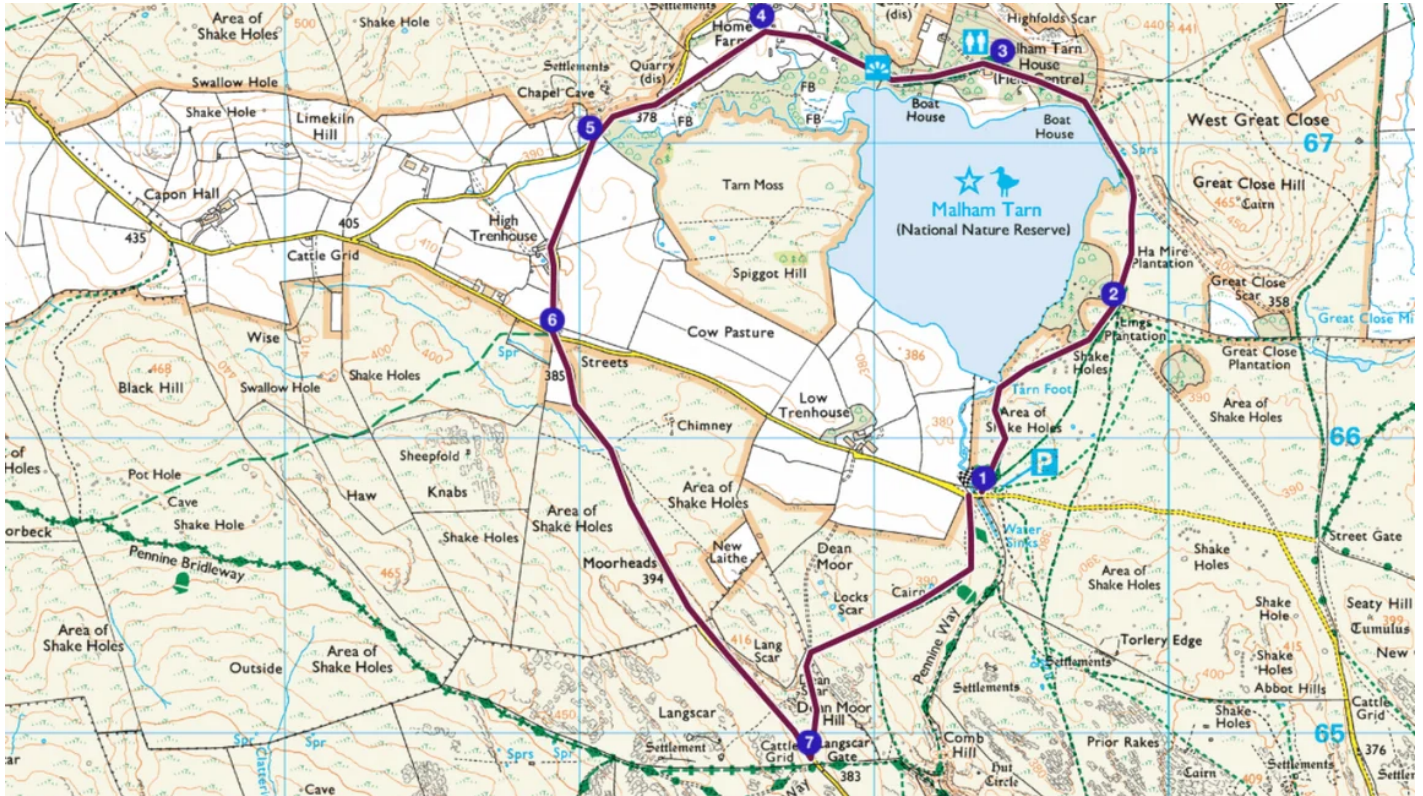


YORKSHIRE

## Malham Tarn family cycle trail

Hop on your bike and explore Malham Moor on this family-friendly cycle trail. The circular route follows gravel and grassy tracks through the moors and takes in views of the Yorkshire Dales' own glacial lake, Malham Tarn. Wildlife fans can watch a variety of birds down on the lake's shoreline and might even spot birds of prey over the nature reserve, where wildlife thrives off lime-rich waters and raised bog. The trail also passes an 18th-century smelt mill chimney and a grand Victoria house that welcomed Charles Darwin as a guest.



### Information

Address: Watersinks car park, Pennine Way, Settle, BD24 9PT

OS map: Explorer OL02

Activity: Cycling

Easy: A relatively flat trail with one small incline. For further details, please see Terrain section.

Dog friendly: Dogs are welcome on leads. Look out for local notices as there might be restrictions at certain times of the year, such as during the lambing season or between March and July when ground-nesting birds are raising their young. Be vigilant when walking near livestock, especially those with young. Try not to get too close and keep your dog on a lead and under close control. If approached by cows, move away carefully and if necessary let go of your dog's lead – the dog will outrun the cows.

Full trail: Miles: 4.5 (km: 7.2)

Access: Challenging

Duration: 30 mins - 2 hours

### Terrain

The route generally follows gentle grass and gravel paths with some moderate slopes and narrow walled lanes. The grass tracks may be muddy after wet

### Total steps: 7

Start point: Watersinks car park, Pennine Way, Settle, BD24 9PT. Grid ref: SD894658

1. From the car park, head north along the bridleway signposted 'Waterhouses', across a rolling grassland track. Follow this until the grassy track meets a gravel path and a gate ahead.
2. Turn onto the gravel track and through the gate. Follow this track along past the Malham Tarn shoreline, through another gateway, and into the woods. You'll eventually reach Malham Tarn House.
3. Once you reach Malham Tarn House, follow the path to the right, around the back of the house and continue on the track through a narrow limestone cutting. Keep going for about half a mile (0.8km).
4. When you reach a track on your left with a post box in the wall, turn left and follow this lane along the edge of the nature reserve until you reach a gate. Go through the gate and turn left, heading down the road.
5. Take the first left turn signposted to Malham and continue on this road for about half a mile (0.8km) until you reach a crossroads.
6. Head straight across the crossroads, following the sign to Malham for about 1 mile (1.6km).
7. You'll eventually spot a bridleway on your left, signposted to Watersinks. Follow this all the way until you reach the road. Turn right, head through a gateway and you'll see the Watersinks car park to your left, where the trail ends.

End point: Watersinks car park, Pennine Way, Settle, BD24 9PT. Grid ref: SD894658

weather. This is a great family-friendly route, with just one small incline that might require some to push their bikes.

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