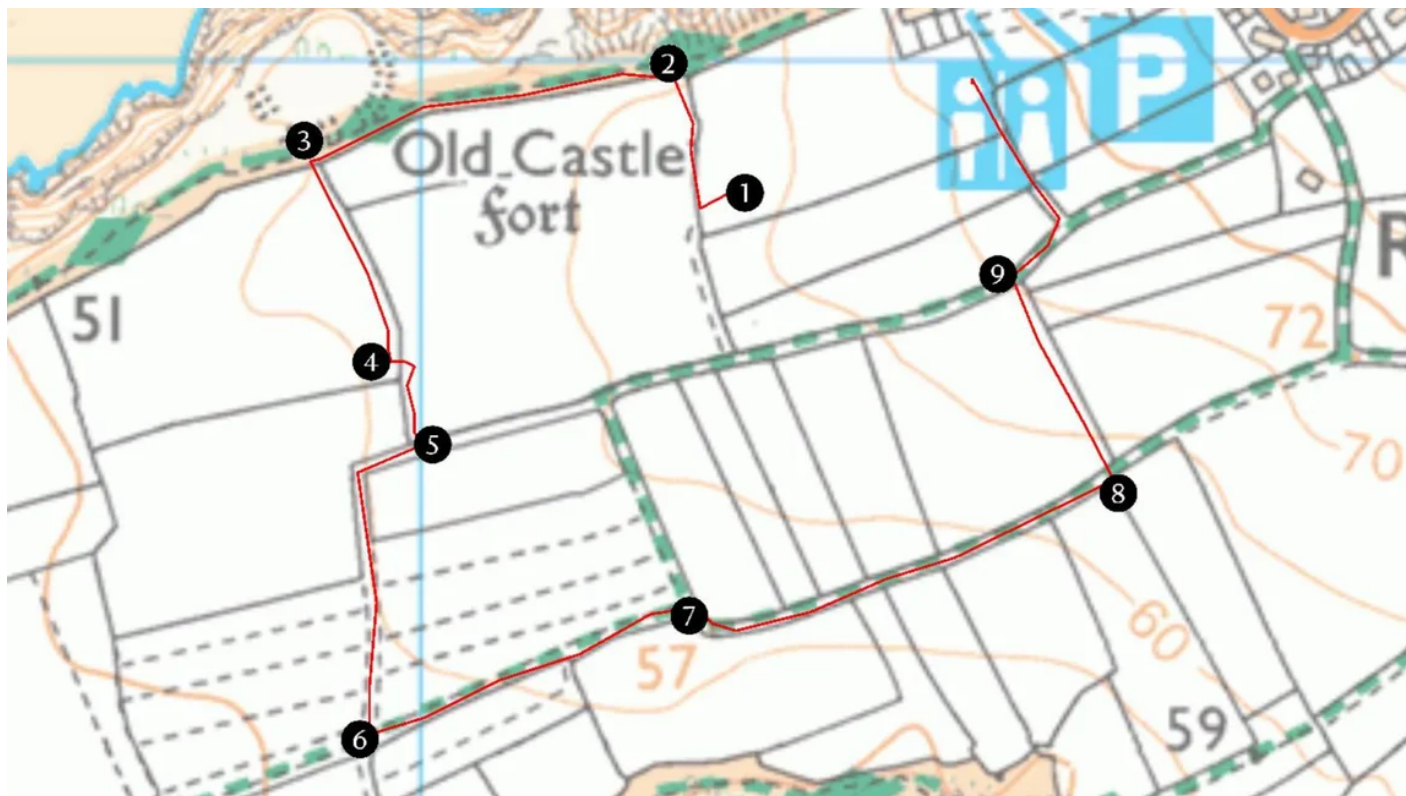


WALES

Circular walk around the Vile, Rhosili

Take your time on this circular walk by the Gower coast. The Vile is an example of medieval strip farming, restored to be full of wild flowers and pollinators. Wander its individually named fields and see how we're farming them in a wildlife-friendly way, with new hay meadows and traditional crops.



Information

Address: Rhosili National Trust car park, Rhosili, near Swansea, SA3 1PR

OS map: Explorer 164

Activity: Walking

Easy: Mostly level walk on field and coast paths. For further details, please see Terrain section.

Dog friendly

Full trail: Miles: 1 (km: 1.6)

Access: Challenging

Duration: 20 mins - 1 hour

Terrain

Mostly level tracks, field and coast paths, with some gates to open.

Total steps: 9

Start point: Rhosili National Trust car park, grid ref: SS414880

1. From the car park, walk towards the bottom left-hand corner of the overflow field. Look out for a gateway marked **Caer Ditch**. Go through the gate and turn right, following the path alongside the hay meadow. You'll also see an oak post with a green arrow marking the way. Continue on the path through **Higher Castlepark**, into another meadow, and walk along the path until you reach the gate onto the coast path.
2. Go through the gate, turn left onto the coast path and walk along the track, looking out for a gate on your left marked **Limedland**.
3. Re-enter the Vile by going through the gate into **Limedland** and continue on the path, making your way into **Linseedland**, keeping an eye out for a gate on your left marked **Withyland**.
4. Go through the gate into **Withyland** and turn right immediately, following the green arrow.
5. Follow the green arrows through another gate, turning right onto a track (you'll see the **National Coastwatch Institution** lookout station and **Worms Head** in the distance). Follow this track around to the left.
6. When you come to a crossroads in the track, take the left track, so that you are looking up the track towards the houses in the village.
7. Continue on the track until you see a gate on your right onto a more grassy track. Go through the gate and walk along the track.
8. You'll reach another gate on your left. Go through the gate and walk along the edge of the field.
9. Continue until you reach another gate and turn right onto the track again. After about 65yd (60m) you'll reach another gate – continue until you reach the next gate to return

to the car park.
End point: Rhosili National Trust car park, grid ref: SS414880
