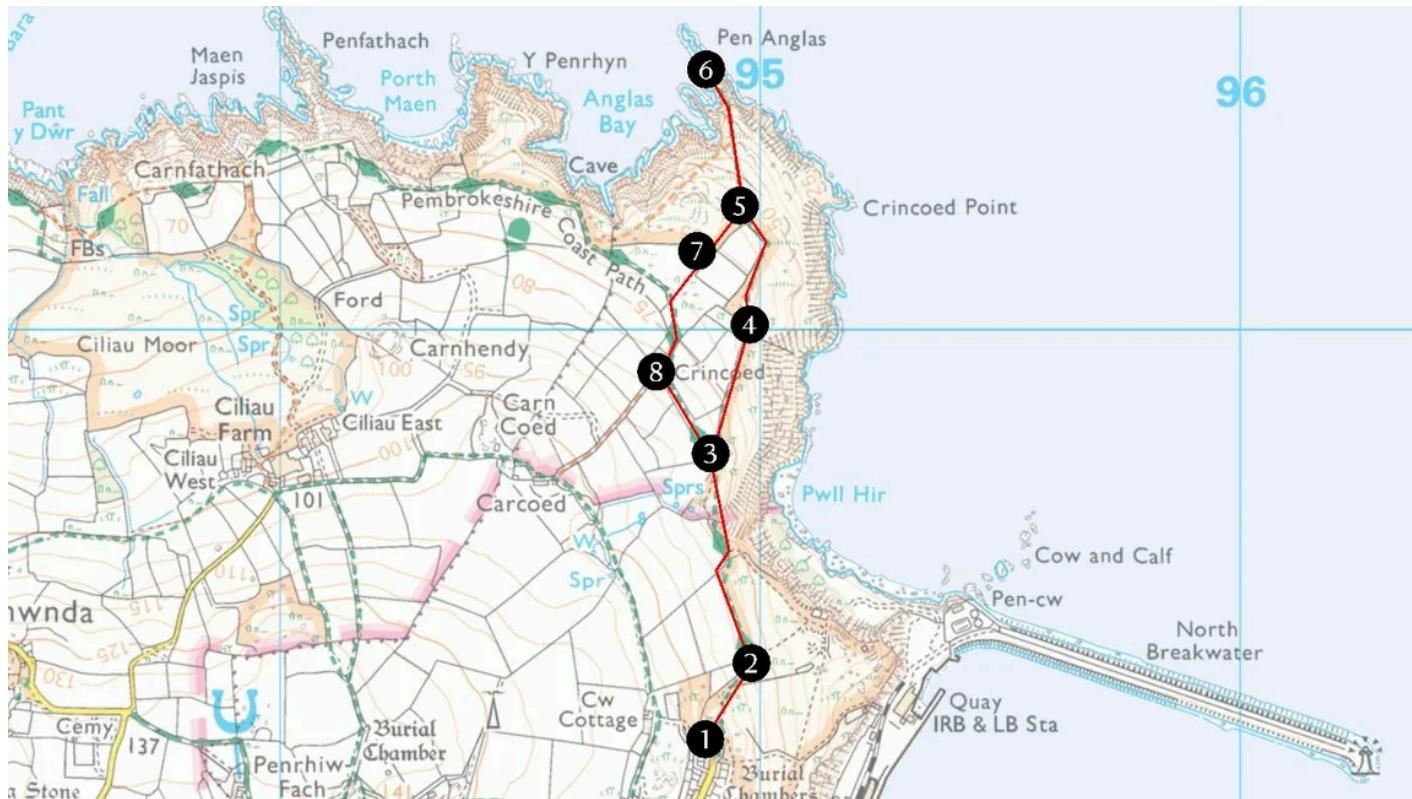


## WALES

## Pen Anglas headland walk

This circular walk off the coast path from Goodwick across rugged coastal heath takes in the stunning volcanic rock formations at Pen Anglas headland. You can also enjoy great views across Cardigan Bay, while a barefoot walking path makes this a family-friendly adventure into the wild.



### Information

Address: Turning circle at Harbour Village, Goodwick, Pembrokeshire, SA64 0DY.

Activity: Walking

Easy: A well-maintained but naturally uneven coastal path. For further details, please see Terrain section.

Dog friendly: Dogs welcome, but must be kept on a lead, as the walk passes through grazing areas for cattle and ponies.

Full trail: Miles: 2 (km: 3.2)

Duration: 1 hour - 2 hours

### Terrain

A well-maintained but naturally uneven coastal path which can get muddy after heavy rain. Cliff edges and rocky terrain near step 6 – please keep children and dogs supervised. The coast path has some sharp gradients, a stream crossing, stiles and kissing gates.

### Total stages: 8

Start point: Turning circle at Harbour Village, grid ref: SM 94911 39123.

- Follow the Pembrokeshire Coast Path from the turning circle at the end of the road at Harbour Village. The path descends steeply, with good views over Fishguard Harbour.
- At the wooden hand gate, turn left and head northwards.
- The path reaches a wooden kissing gate with a National Trust omega sign for Pen Anglas. Don't go through this gate. Instead, bear right, keeping the post and wire fence to your left. Follow the path for 325 yards (300m) to a wooden hand gate.
- Go through the wooden hand gate and onto National Trust land and follow the path through the heather and gorse towards Pen Anglas. The route passes close to two small fields that were enclosed with dry-stone walls some 200 years ago.
- At an old shipping navigation marker post, turn right to follow the firebreak path for 300 yards (270m) towards the sea.
- Follow the line of navigation markers to Pen Anglas headland. The harbour fog siren is housed within the small brick building.
- Retrace your steps. Continue straight past the navigation marker at step 5. Head across a grassy area to rejoin the Pembrokeshire Coast Path, before gently climbing inland.
- Follow the coast path by turning left at the overgrown remains of a dwelling (Crincoed). The grassy path runs for 65 yards (50m) to step 3, the hand gate with a National Trust omega sign reading Pen Anglas. Retrace your steps back to Harbour Village.

End point: Turning circle at Harbour Village, grid ref: SM948392.