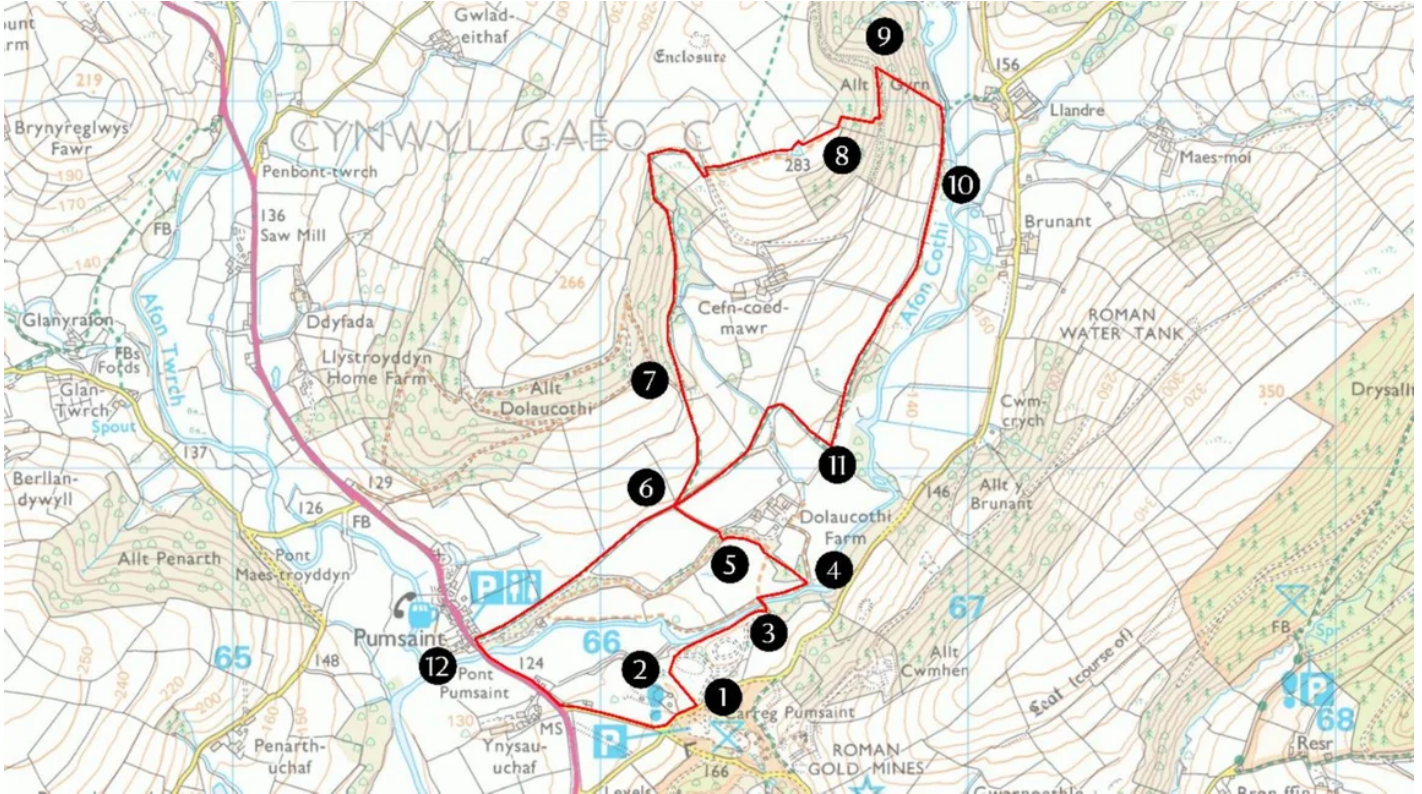


WALES

Dolaucothi Estate trail

Follow this circular trail to the highest point on the Dolaucothi Estate in Carmarthenshire. Enjoy views over the winding Cothi River, Dolaucothi Gold Mines and the village of Pumsaint, before beginning your return along an old railway route. You may glimpse a red squirrel or pine marten in the woodland.



Information

Address: Dolaucothi Gold Mines, Pumsaint, Llanwrda, Carmarthenshire, SA19 8US

OS map: Explorer 186 / Landranger 146

Activity: Walking

Challenging: Mix of paths, tracks and lanes with a steep climb. For further details, please see Terrain section.

Dog friendly: Dogs welcome on leads. Water bowls in the mine yard. Dog waste bins in the main and Woodland car parks.

Full trail: Miles: 4.4 (km: 7.04)

Access: Challenging

Duration: 3 hours - 4 hours

Terrain

Steep climb, sloping grass and woodland paths, stony tracks and country lanes.

Total steps: 12

Start point: Dolaucothi Woodland National Trust car park, grid ref: SN662403

1. Start at the woodland car park (opposite the Gold Mines car park). At the far end of the car park follow the footpath.
2. Follow the path. On your right you will see the tranquil Dolaucothi Estate Caravan Park.
3. Cross the bridge and turn right.
4. Turn left off the track, then follow the footpath through the woodland and across the field.
5. Leave the field via the gate and continue straight ahead through the woods, joining the farm track.
6. At the end of the farm track, cross the forestry road and take the gate into the field, then follow the path across the field heading uphill.
7. Take the right-hand track and follow the path through woods and farmland to the trig point, which gives a superb view over the Cothi Valley. This is the highest point on the estate at 925ft (282m), which means there is a bit of a climb to the top.
8. From the trig point, head north-east.
9. Turn right down a very steep part of the route, then turn right again before reaching the river.
10. Follow the route along the valley floor as the River Cothi meanders on your left. This part of the route can get muddy in winter.
11. As the river runs away from you, follow the field boundary up to join the forestry road. Turn left onto the forestry road and follow it straight to Pumsaint village.
12. When the track meets the road, you can turn right to explore the village of Pumsaint, or turn left and carefully join the pavement alongside the road as it crosses the river. At

the road sign for Dolaucothi Gold Mines, fork left down the lane and walk back to the car park.
End point: Dolaucothi Woodland National Trust car park, grid ref: SN662403
