

THE PEAK DISTRICT & DERBYSHIRE

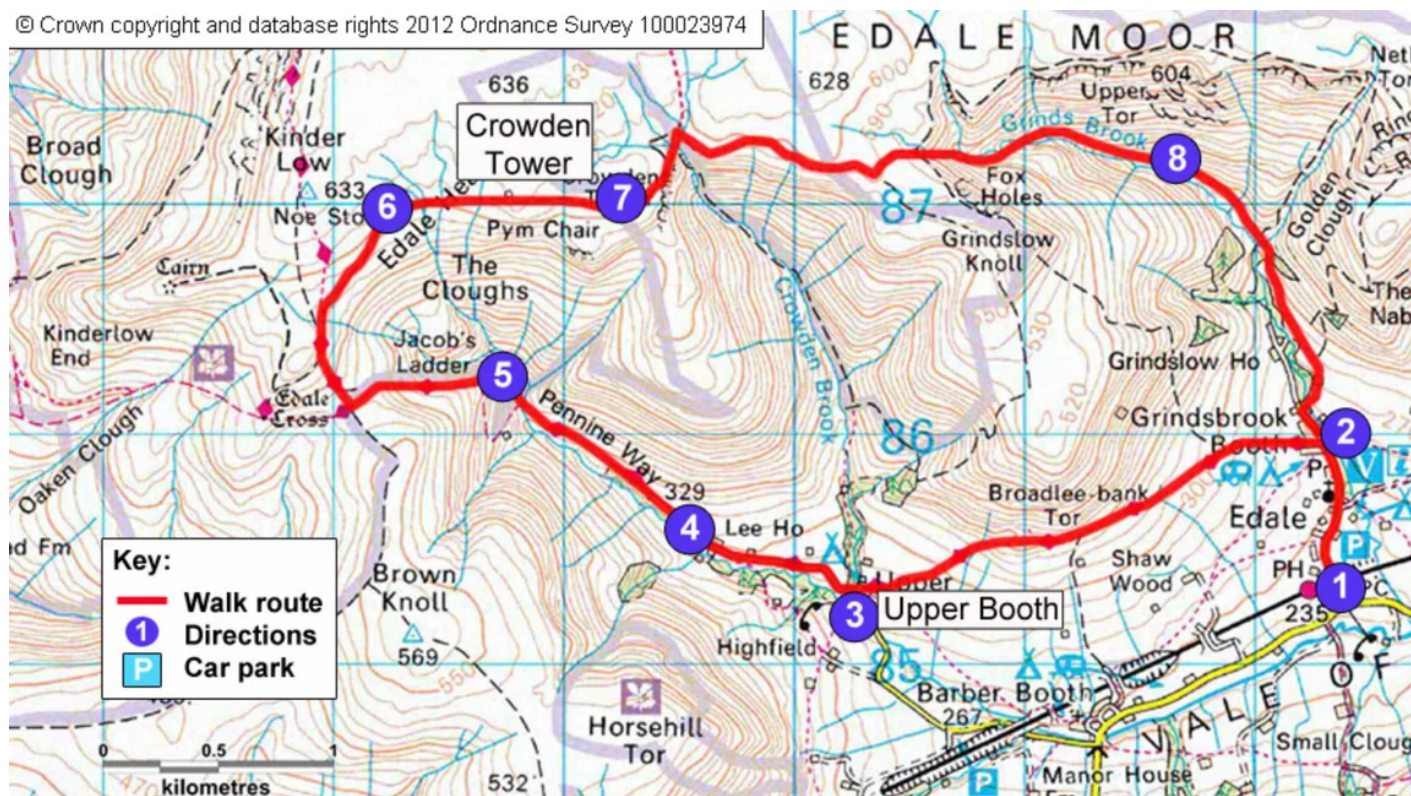
Kinder Scout circular walk

Follow this challenging circular moorland walk. Along the route you will discover how this landscape will be changing over the next 50 years as a result of the National Trust's vision and plan for the High Peak moors.

Stay safe

This is a moorland walk so, to stay safe, make sure someone knows when you are expected to finish.

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Information

Address: Edale train station. Grid ref: SK124856

OS map: Explorer OL1

Activity: Walking

Challenging: Some challenging ascents and descents. For further details, please see Terrain section.

Dog friendly: Dogs on leads at all times. Please take your dog mess home with you.

Full trail: Miles: 7.5 (km: 12)

Access: Challenging

Duration: 4 hours 30 mins - 5 hours 30 mins

Terrain

Paths are generally good but rugged, on this circular route. Some challenging steep ascents and descents. Good fitness level and hill-walking clothing and footwear are essential.

Total steps: 8

Start point: Edale train station, Peak District National Park, Derbyshire. Grid ref: SK124856

1. Set foot from Edale station and head up through the village, passing the Moorland Centre on your right.
2. Turn left on to the Pennine Way, opposite the Nag's Head pub.
3. Follow the Pennine Way to Upper Booth Farm, which has won awards for its habitat restoration.
4. As you walk along the River Noe, you pass some ancient clough woodland on your left.
5. Climb Jacob's Ladder. We aim to restore more native trees in this clough by planting and protecting young trees and seedlings from grazing animals. This old packhorse track crossed the moors and was a trade route for lead, coal, salt and wool from medieval times until the railway was built in 1894.
6. Come off the Pennine Way, taking a path to your right and skirt eastwards around Kinder Plateau. On the left around the giant anvil-shaped rock called Noe Stool, you will see the areas of eroded bare peat now beginning to recover as a result of gully blocking work higher up on the plateau, which has reduced the peat erosion into the gullies. Once the peat in the gullies is stable and wet, cotton grass, mosses and other moorland plants will grow.
7. The weathered gritstone rocks or tors along the Kinder Edges create an otherworldly atmosphere as you make your way past first the Pagoda and then the cluster of rocks called the Wool Packs. Continue past Crowden Tower then follow the footpath along and then down into Grindsbrook.

8. You will be treated to sweeping views of the Vale of Edale as you descend from the plateau. Notice the patterns of historic dry-stone walls and field boundaries. Follow the Grindsbrook footpath back to Edale village.

End point: Edale train station. Grid ref: SK124856
