

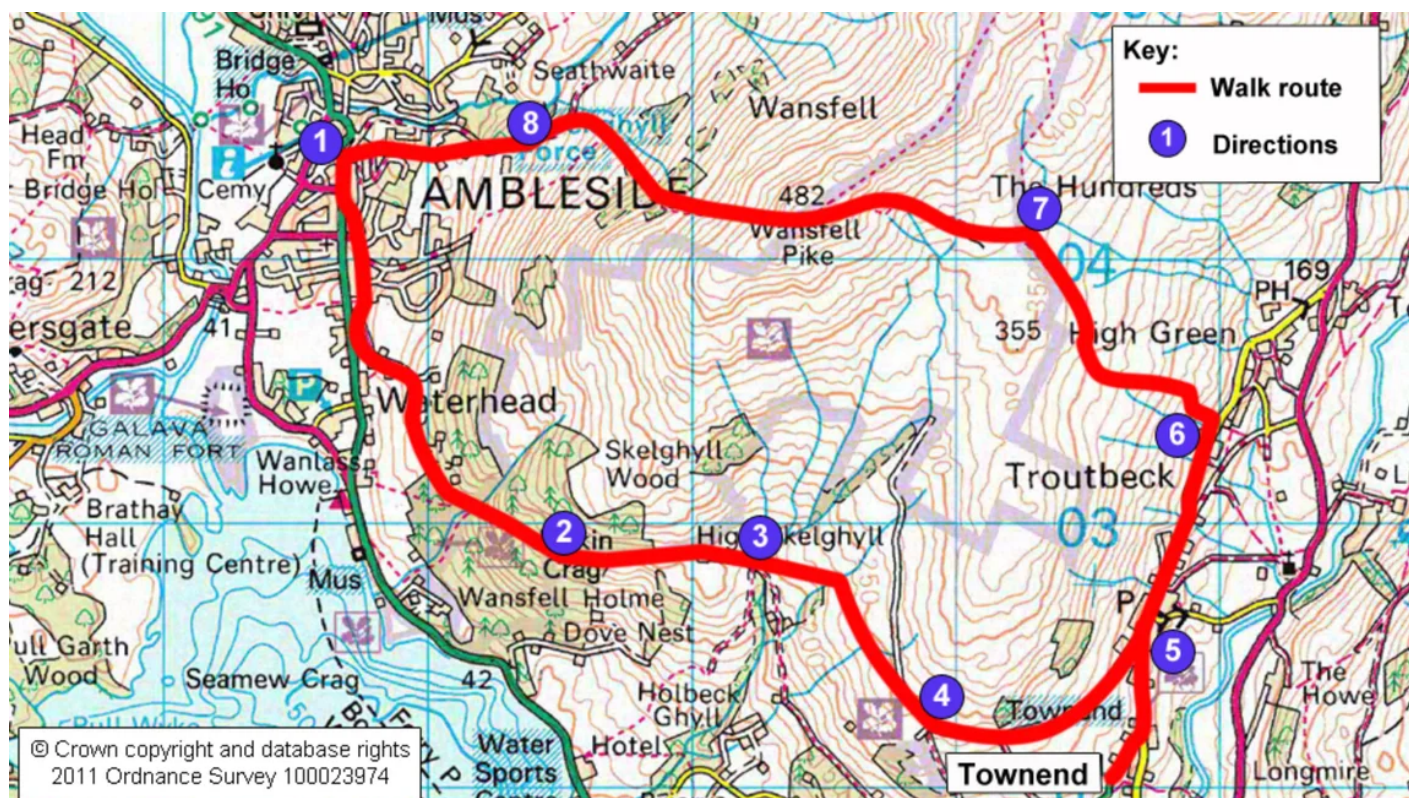
LAKE DISTRICT

Ambleside to Troutbeck walk

From Ambleside go on a circular discovery walk through country lanes, woods and fields. Take in the views of Lake Windermere, visit Troutbeck village and the atmospheric Townend farmhouse, before returning to Ambleside via a more challenging route over Wansfell Pike with great views over the surrounding fells.

Detour to a waterfall

On the return journey to Ambleside take a detour to the waterfall of Stock Ghyll Force. Perfect for a picnic stop.



Information

Address: Ambleside, Cumbria

OS map: Landranger 90

Activity: Walking

Moderate: Some of the trail is on rocky and uneven ground, and can be muddy. For further details, please see Terrain section.

Dog friendly: Dogs should be kept on a lead near livestock.

Full trail: Miles: 5.8 (km: 9.28)

Access: Challenging

Duration: 4 hours - 5 hours

Terrain

The walk follows country lanes, pitched stone paths and rough tracks. Some of the walk is steep, on uneven and rocky ground, and can be muddy.

Total steps: 8

Start point: Market Cross, central Ambleside, grid ref: NY376044

1. From the Market Cross in Ambleside, follow the A591 towards Windermere, out of the town along Lake Road and take the Old Lake Road on the left. After a big car park there is a small road to the left, signposted to 'Jenkins Crag, Skelghyll and Troutbeck (bridleway)'.
2. Follow the signposts on this path through Skelghyll woods, past Jenkins Crag, where you can make a short detour to admire the view. Follow the path through the woods to High Skelghyll farm.
3. Go across the farmyard at High Skelghyll, following the signposted footpath. At the crossing of paths at High Skelghyll, follow the public bridleway to Troutbeck. This path turns left just across the bridge, through a gate, and goes uphill. At the end of this path, cross the stile onto Robin Lane.
4. Follow the gravelled track of Robin Lane, past the pillar, to Troutbeck Post Office.
5. From the post office you can visit Townend. Turn right and follow the road. Townend is on the right, at the road junction.
6. For the return leg of the walk, return to the post office, and continue on the road into Troutbeck village. Between two houses, near the Mortal Man Inn, is a footpath on the left, up Nanny Lane to Wansfell. The names of the roads and the pubs have a story to tell in themselves.
7. The gravelled track steadily climbs. Take the footpath to the left, and proceed uphill to reach the summit of Wansfell Pike, with superb views over Ambleside and the

surrounding fells. From the summit take the steep path down to Ambleside, until you meet the road.

8. Turn left on the road. Take the road marked 'Styrigg' on the left, and follow the footpath back to the centre of Ambleside.

End point: Market Cross, central Ambleside, grid ref: NY376044
