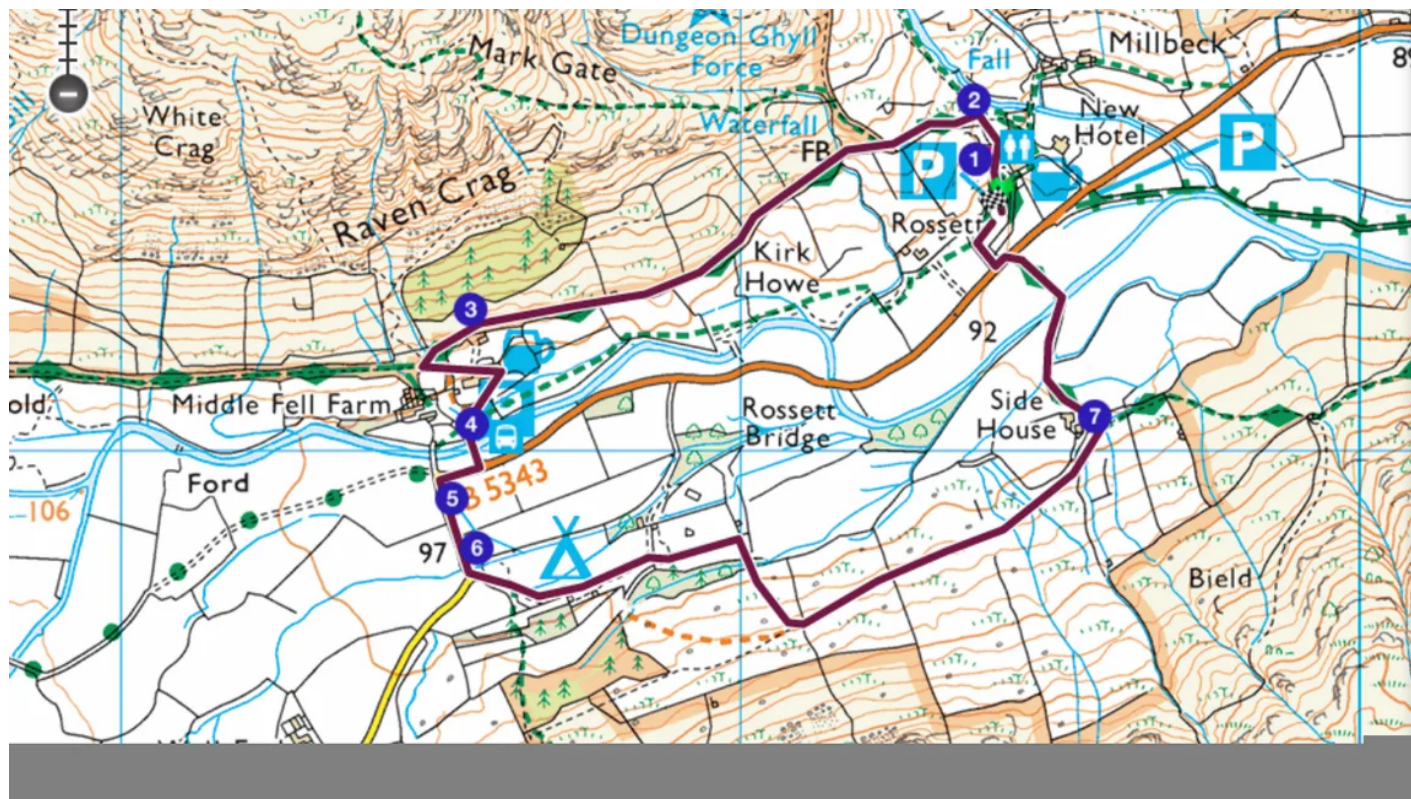


LAKE DISTRICT

Langdale trail

Follow in the footsteps of celebrated historian George M. Trevelyan on this 3.5km (2.2-mile) walk. He first began holidaying in Langdale in 1905 and over the next 50 years, his trips here inspired him to become its chief protector, with dedicated hard work and vision.



Information

Address: Sticklebarn, Great Langdale, near Ambleside, Cumbria, LA22 9JU

Activity: Walking

Moderate: Rough terrain over rocks and steep climbs. For further details, please see Terrain section.

Dog friendly: Dogs on leads are welcome; please be aware there are grazing livestock in the fields around the valley.

Full trail: Miles: 2.2 (km: 3.52)

Duration: 1 hour 30 mins

Terrain

This route is 3.5km (2.2 miles) long and is a low-level countryside walk. It includes some rougher terrain over rocks and some muddy footpaths. There are two short, steeper climbs and two wooden ladder stiles towards the end of the route. To avoid the ladder stiles after point 3 on the map you can instead turn left and follow the Langdale valley road back towards Sticklebarn pub without going through the campsite.

We recommend walking boots and clothing suitable for the weather.

Total stages: 2

Start point: Sticklebarn OS: NY294065

1. Leave the car park to the north, go through the gate and head towards Stickle Ghyll. Follow the path through the gap in the wall, head up the hill, pass the Stickle Ghyll sign on your right and turn left after 20m.
2. Head uphill, go through a kissing gate and follow this path, keeping the wall on your left until you cross a bridge over Dungeon Ghyll Force.

End point: Stickle Ghyll car park OS: NY294065