

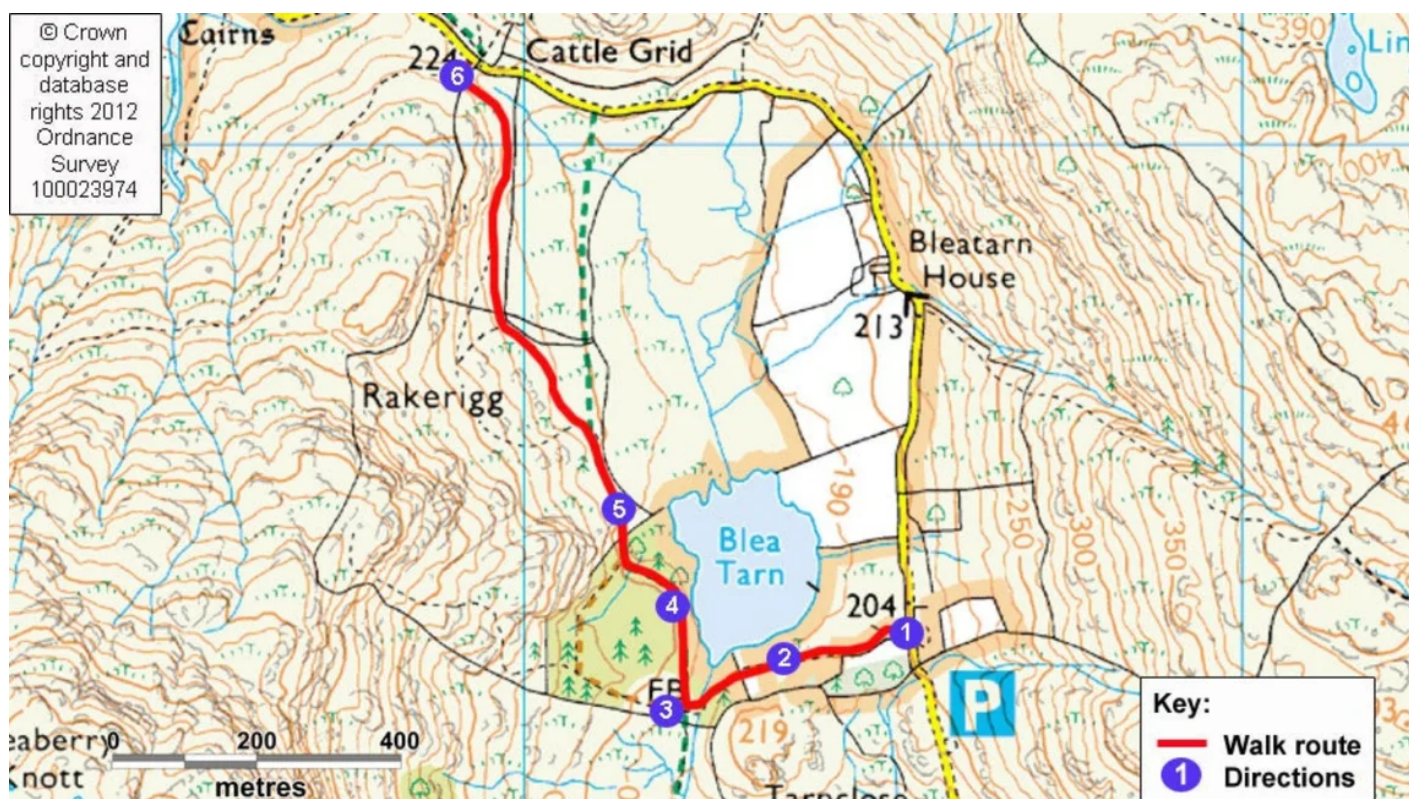
LAKE DISTRICT

Blea Tarn trail

Everyone can get out into the fells safely on this gentle out-and-back trail. Enjoy brilliant mountain views of the Langdale Pikes and other surrounding peaks, framed by the peaceful tarn – and all without the big climbs and rocky scrambles.

! Road traffic

Please take care when you cross the road between the car park and the trail. It's possible to make a circular route by returning along the road from the Great Langdale viewpoint, but we recommend retracing your steps to enjoy your walk traffic-free.



Information

Address: Blea Tarn National Trust car park, near Coniston, Cumbria

OS map: Explorer OL06

Activity: Walking

Easy: Level, compacted stone path, gentle gradients. Can get wet/muddy. For further details, please see Terrain section.

Dog friendly: Dogs welcome on leads, as many areas on this route are grazed by livestock. Please pick up after your dog and don't allow them to toilet on paths and around picnic areas.

Full trail: Miles: 1.8 (km: 2.88)

Access: Easy

Duration: 1 hour - 2 hours

Terrain

The path is made up of compacted stone, providing a reasonably level walking surface which undulates up and down small gradients, making it suitable for all abilities. In bad weather boots are a must, in case of mud or waterlogging.

Total steps: 6

Start point: Blea Tarn National Trust car park, grid ref: NY295043

1. Carefully cross the road from the Blea Tarn car park and go through the gate opposite.
2. Follow the path steadily down towards the tarn, heading through the second gate. Blea is one of the most spectacular of the many Lakeland tarns, with magnificent views in both directions.
3. The path drops down to the tarn's outflow, where you'll cross a footbridge and take the path on the right.
4. The route then goes through a wooded area with benches to stop and take in the views. There are numerous seating areas along the walk, where you can take time to sit and appreciate your surroundings.
5. Follow the path out of the wood, through a gate and onto the open fell where you must follow the main path steadily uphill. This leads you to breathtaking views of the Langdale valley.
6. Go through the gate to reach the views of Great Langdale. From this final point you have two options: you may walk back along the Blea Tarn road to your car, but we recommend you retrace the path back past the tarn to your car, where it's quiet and free from traffic.

End point: Blea Tarn National Trust car park, grid ref: NY295043

