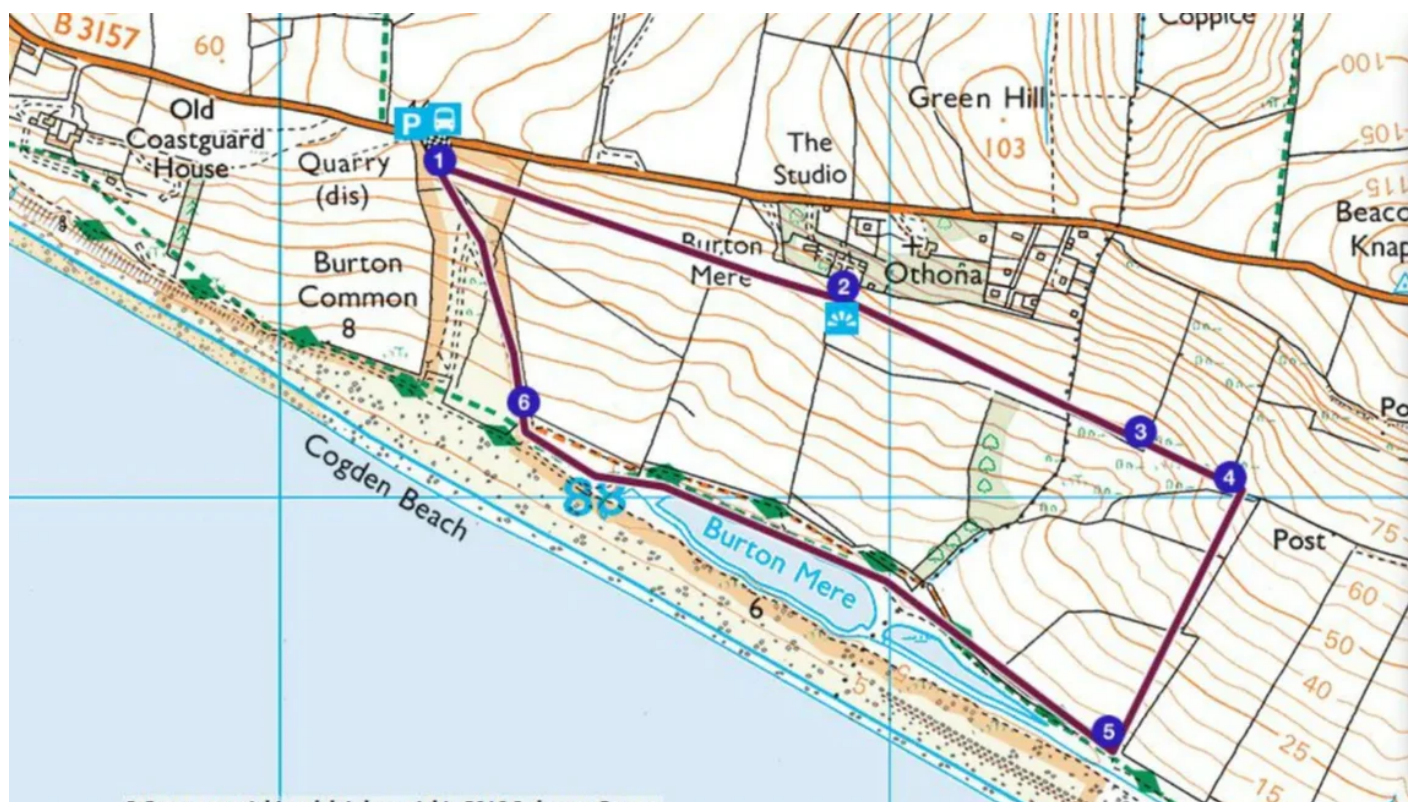


DORSET

The Cogden Circular

A circular stroll through flower-filled farmland returning via the South West Coast Path. Enjoy Cogden Beach, part of the larger Chesil Beach, a striking section of the Jurassic Coast World Heritage Site which is the largest shingle ridge in the world.



Information

Address: National Trust car park at Cogden, DT6 4RL

OS map: OL15

Activity: Walking

Easy: Moderate slopes, but overall an undemanding walk. For further details, see section marked Terrain.

Dog friendly: Please keep dogs on their leads while in fields with livestock, and use the dog bins provided. Also please be aware of ground-nesting birds from March to July and keep dogs under close control during this period.

Full trail: Miles: 2.2 (km: 3.52)

Access: Challenging

Duration: 1 hour

Terrain

This walk follows an undemanding stretch of the South West Coast Path, but it can get muddy in places in winter. There are some moderate slopes. Sensible walking shoes with good grip are advised, or sturdy wellington boots in the winter months.

Total steps: 6

Start point: Cogden car park SY503886

1. From the middle of the car park, head east through the kissing gate and continue for approximately 0.5 miles (0.8km) through another three gates. To your left you should now see the gate to Othona (private).
2. In front of you the track forks – take the right hand track through the field and through another gate to find yourself crossing the bottom of a long steep field.
3. Go through another gate into a field where you will see ant hills to your left. Follow the path round the patches of scrub and through another gate.
4. You will now find yourself at the top of three fields which slope down to the sea. Follow the path through two more gates and you will find yourself on the South West Coast Path.
5. Turn right (westwards) and follow the coast path until you pass through a patch of willow trees using the board walk over the mud. Continue along the coast path through fields and between hedges until you emerge near the beach.
6. Take the track leading up the hill through two more gates back to the car park.

End point: Cogden car park SY503886