

DEVON

Salcombe Hill running trail

Short but sweet, this running trail offers a variety of terrain for you to take in the coast and countryside, promising spectacular views towards Sidmouth all year round.



Information

Address: Salcombe Hill National Trust car park, near Sidmouth, Devon, EX10 0NY

OS map: Landranger

Activity: Running

Moderate: The terrain is varied, ranging from flat gravel paths to hilly tracks. For further details, please see Terrain section.

Dog friendly

Full trail: Miles: 2 (km: 3.2)

Duration: 25 mins

Terrain

The terrain is varied, ranging from flat gravel paths to hilly tracks. The route can be slippery when wet and can be quite uneven. The route is accessible to walkers, joggers and runners. Due to the number of trees along this route it is advised that you only use it during daylight hours and not in windy conditions.

Total steps: 7

Start point: Salcombe Hill National Trust car park, EX10 0NY. Grid reference: SY 139 882.

1. From the noticeboard in the car park, join the adjacent footpath. Go through the bollards, continue along the gravel path and take the left-hand fork. You'll reach the coast path with a bench and a pedestrian gate on your left.
2. Go through the pedestrian gate into a field, following the path on the right-hand side, which will lead you through the next pedestrian gate. Bear left, avoiding the steep descent, and head for the kissing gate, which will lead you into another field.
3. Continue following the track, through another gate until you reach a set of three steps descending to a kissing gate, which leads into the woods.
4. Follow the track straight ahead of you through the woods. At the end of the track, go through the pedestrian gate. Take care while crossing the lane, as you run to the other pedestrian gate that's almost opposite you.
5. Carry on along this track. As you bear left, the track will start to descend and will continue to do so for a short while. Ignore the set of steps on the right.
6. When you reach a clearing in the woods, bear left, ignoring the bridleway on the right. Continue along this path, over the boardwalk, until you reach the road again.
7. Here you need to turn right and then take the next footpath on the left. Follow this ascending path back up to the top of Salcombe Hill, where you will re-join the footpath that will take you back to the car park.

End point: Salcombe Hill National Trust car park, EX10 0NY. Grid reference: SY 139 882.