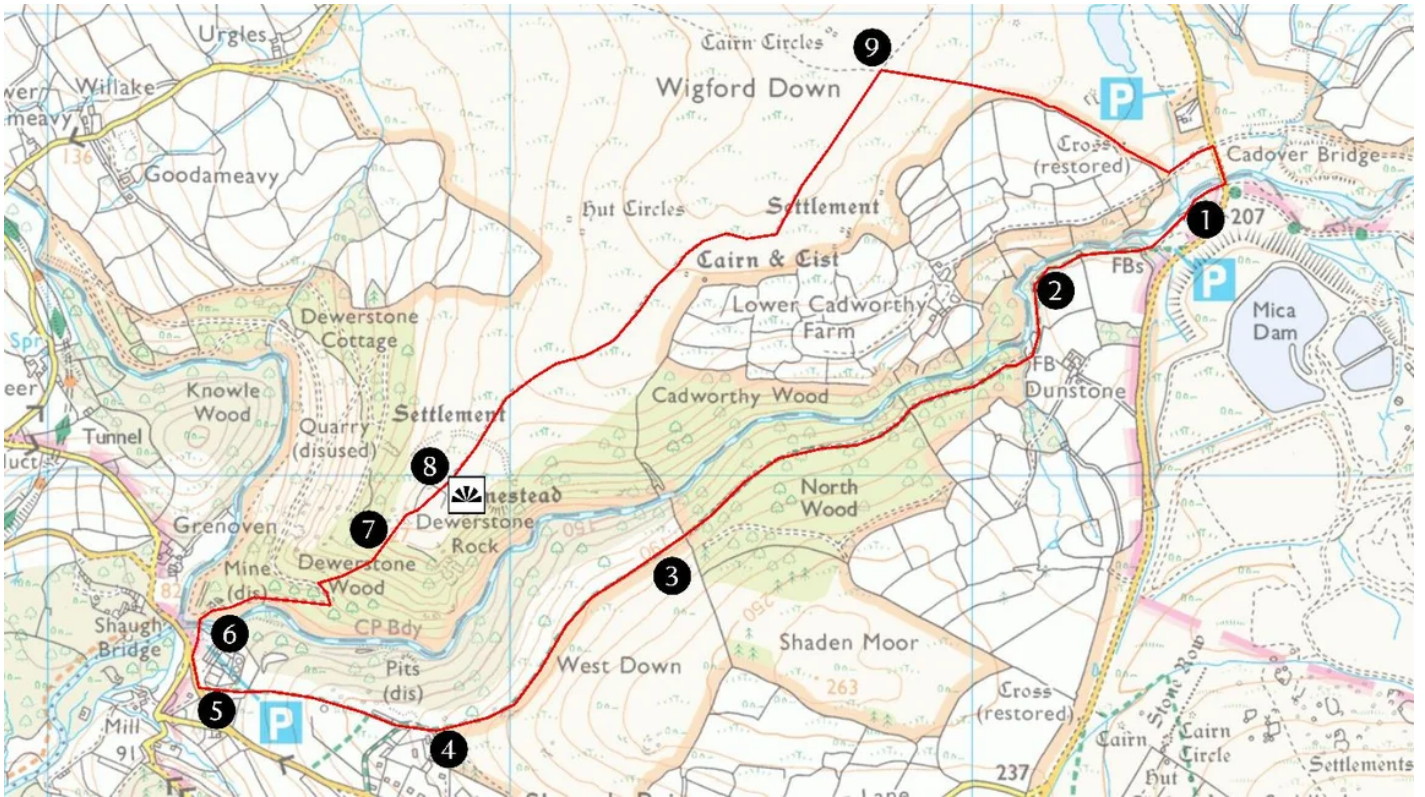


DEVON

Cadover Bridge and Dewerstone Rock circular walk

Starting at Cadover Bridge, this circular route over open moorland and through ancient oak-wooded valleys is strenuous in parts – but well worth it for the views from the top of the folklore-shrouded Dewerstone.



Information

Address: Cadover Bridge car park, Shaugh Prior, Plymouth, PL7 5EH

OS map: Explorer OL20

Activity: Walking

Challenging: Public footpaths, woodland and moorland with steep and uneven parts. For more details, see Terrain section.

Dog friendly: This walk is suitable for fit and energetic dogs. Please take particular care to keep them under close control if you come across livestock.

Full trail: Miles: 3.4 (km: 5.44)

Access: Challenging

Duration: 2 hours 30 mins

Terrain

A combination of waymarked public footpaths and open moorland walking, with some steep climbs. Includes wooded areas and uneven paths with tree roots and rocky sections, which can be slippery when wet.

Total steps: 9

Start point: Cadover Bridge car park, grid ref SX554645

1. From the car park, head away from Cadover Bridge with the river on your right. Go through a gate into a willow plantation. The path here is rocky and muddy in places. Look out for some lovely picnic spots alongside the river.
2. Two gates in quick succession lead to a footbridge and into the oak woodland of North Wood. Follow the path with the large pipe set in the ground.
3. Leave North Wood over a stile and follow the path onto West Down. The River Plym is now far below you on the right. Looking ahead to the other side of the valley, you can see the crags of Dewerstone Rock. The path leads through mixed silver birch and oak and splits into a fork just after a ruined building. Take the right-hand fork slightly downhill to a small track and through a gate.
4. Inside the wire fence, turn right and follow the footpath sign to Shaugh Bridge. Staying within the woods, the path twists downhill, with the river below you on the right. Follow the path over a stile – this part can be slippery at times. Pass the china clayworks settling tanks on your right and continue until the path ends at a road.
5. Turn right at the road and take the steps down into Shaugh Bridge car park. Turn right and walk through the car park towards the river.
6. Using the wooden footbridge, cross the river into Goodameavy. Follow the path right. You're now at the start of a long uphill climb where the path turns into a rocky track that winds steeply above the river. Continue following this track straight ahead until you come to a sharp bend to the left. Go around the bend and then almost immediately take a turning to the right. Follow the track until you can see the top of Dewerstone Rock through the trees on the right.
7. The path now becomes a rocky scramble left and uphill, leaving the woods and emerging onto open moorland.

8. From the top of the rock, head north-east and follow the broad grassy path along the ridge. Pass Oxen Tor and go over Wigford Down, with Cadworthy Wood and the Plym Valley on the right. Continue straight on to the boundary wall of the wood and follow the wall around the fields of Lower Cadworthy.
 9. Eventually, the wall veers to the right and you go downhill past Cadover Cross with views of the china clayworks beyond. Head towards the bridge, cross the road and you're back where you started.
- End point: Cadover Bridge car park, grid ref SX554645
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