

CORNWALL

Lizard Point walk: the most southerly place in Britain

Take in dramatic views of the Atlantic, visit the lighthouse and look out for local wildlife on this enjoyable walk around the most southerly point in Britain.



Information

Address: Lizard Point National Trust car park, The Lizard, near Helston, Cornwall TR12 7NT

OS map: Explorer 103

Activity: Walking

Easy: Terrain is a mix of tarmac, natural coastal paths and fields. For further details, see the Terrain section.

Dog friendly: Dogs are welcome at Lizard Point, but where livestock graze please keep your distance, keep your dog on a short lead or at your side, and if livestock approach let your dog off the lead. Lizard Point is an important site for wildlife, including lizards and ground-nesting birds, so please always keep dogs under close control and do not let them chase wildlife.

Full trail: Miles: 1 (km: 1.6)

Access: Challenging

Duration: 30 mins - 40 mins

Terrain

Between steps 1 and 3, the route is on well-maintained gravel and tarmac footpaths suitable for pushchairs. Steps 3 to 8 follow a more natural footpath, part of the South West Coast Path, and go through a field. The trail includes some fairly steep climbs and descents, with some sections that can become muddy when it rains.

Total steps: 8

Start point: Lizard Point National Trust car park, grid ref SW703116

1. Starting at the National Trust car park next to the Lizard Lighthouse, follow the path down towards Lizard Point.
2. Follow the signs to the most southerly point.
3. Bear right and join the South West Coast Path in front of the Wave Crest Café.
4. Continue along the coast path.
5. Take the steps down to Pistol Meadow, the burial site of over 200 people who died when the Royal Anne troop ship went down on the off-lying reefs in 1720. Climb out of the valley on the coast path and up the slope towards Old Lizard Head.
6. Looking west from the top of Old Lizard Head, you can see out towards Kynance Cove and beyond. Take the footpath inland over the stile built into the dry-stone wall.
7. Walk across the field and follow the path when it turns back towards Pistol Meadow.
8. Cross another stile into Pistol Meadow field and rejoin the coast path to return to Lizard Point.

End point: Lizard Point National Trust car park, grid ref SW703116