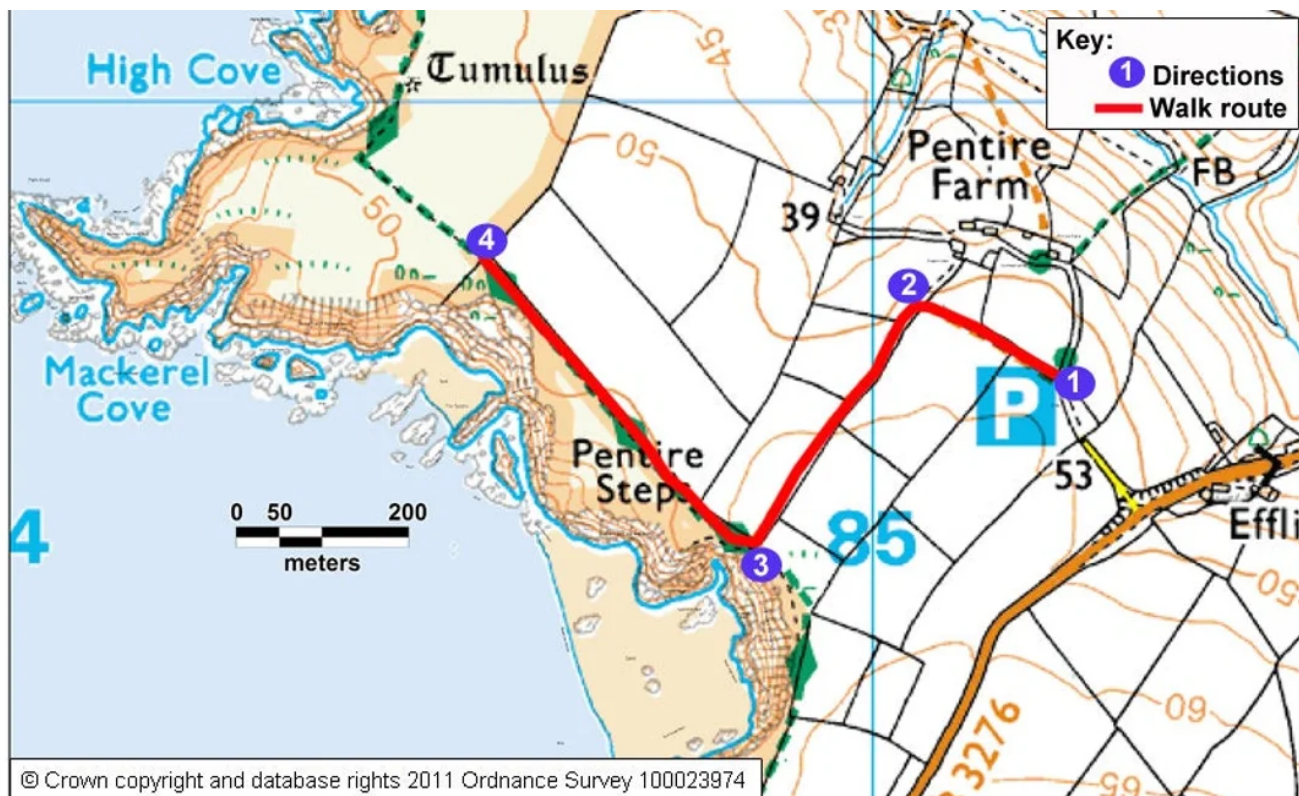


CORNWALL

Park Head walk

An easy, level walk to the clifftops at Park Head with views of the towering sea stacks and the picturesque Bedruthan Steps in the foreground. Whether the sea is calm or stormy, this is an iconic and unforgettable view of North Cornwall. In summer, the cliffs are covered in wild flowers.



Information

Address: Park Head, near Porthcothan, Cornwall PL27 7UU

OS map: Landranger 200

Activity: Walking

Easy: A short, flat walk. For further details, please see Terrain section.

Dog friendly: Dogs are welcome. Please keep them on leads around livestock and close to cliff edges.

Full trail: Miles: 1 (km: 1.6)

Access: Easy

Duration: 30 mins

Terrain

Park Head is an easy, level walk through grassland and fields to the clifftops with an occasional gate. It can get muddy in winter.

Total steps: 4

Start point: Park Head National Trust car park, grid ref: SW853707

1. From the car park go through adjacent kissing gate and follow the field edge path.
2. At the second gate, turn left and follow the route out to the cliffs and the coast path.
3. Turn right and follow the coast path to a stone hedge, where there's a seat to rest and take in the views.
4. Return the same way you came.

End point: Park Head National Trust car park, grid ref: SW853707